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Total No. of Pages : 02

Total No. of Questions : 09

MECM (2015 & Onward) (Sem.-2)

EMOTIONAL INTELLIGENCE

Subject Code : MECM-204

Paper ID : [G1134]

Time : 3 Hrs.

Max. Marks : 60

INSTRUCTION TO CANDIDATES :

1. SECTION-A is COMPULSORY consisting of TEN questions carrying TWO marks each.
2. SECTION-B contains FIVE questions carrying FIVE marks each and students have to attempt any FOUR questions.
3. SECTION-C contains THREE questions carrying TEN marks each and students have to attempt any TWO questions.

SECTION-A

Q1 Write short notes on the following :

- a) EQ
- b) Conflict
- c) Adjustment
- d) Emotional Intelligence
- e) Emotional adjustment
- f) Vocational adjustment
- g) Rationalization
- h) Compensation
- i) Attitude
- j) Emotional management

SECTION-B

- Q2 How can we measure EQ of an individual?
- Q3 Explain areas of adjustment.
- Q4 Explain Attitude formation.
- Q5 How can attitude transformation take place?
- Q6 What is inter-personal emotional management in classroom?

SECTION-C

- Q7 Discuss defence mechanism with the help of examples.
- Q8 Suggest some ways to understand lifestyle issues of students.
- Q9 How can emotions be managed in classroom?