Roll No.	Total No. of Pages : 02
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MECM (2015 & Onwards) (Sem.-2)

BASICS OF COUNSELLING

Subject Code : MECM-202 M.Code : 28007

Time: 3 Hrs. Max. Marks: 60

INSTRUCTION TO CANDIDATES:

- 1. SECTION-A is COMPULSORY consisting of TEN questions carrying TWO marks each.
- 2. SECTION-B contains FIVE questions carrying FIVE marks each and students have to attempt any FOUR questions.
- 3. SECTION-C contains THREE questions carrying TEN marks each and students have to attempt any TWO questions.

SECTION-A

- 1. Write short notes on the following:
 - a) Congruence b) Cognitive

schemes c) Dream Analysis

d) Transference e)

Conditioning f) Pre-marital

counselling g)

Confidentiality h) Vocational

Guidance i) Empathetic

Relationship j) Educational

Guidance

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SECTION-B

- 2. Enumerate the basic principles guiding non-directive counselling.
- 3. Distinguish between Guidance and Counselling.
- 4. Describe the role of a counsellor in the area of rehabilitation.
- 5. Describe the physical set-up essential for counselling.
- 6. Give the essential objectives of pre-counselling interview.

SECTION-C

- 7. Give a detailed account of the different types of counselling process.
- 8. Describe the basic qualities that an effective counsellor must possess.
- 9. Write a note on Career Counselling.

NOTE: Disclosure of Identity by writing Mobile No. or Making of passing request on any page of Answer Sheet will lead to UMC against the Student.

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