

**Roll No.**

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**Total No. of Pages : 02**

**Total No. of Questions : 09**

## **B.Voc. (Beauty Therapy and Aesthetics) (Sem.-5)**

# SPA-II

**Subject Code : BASC507-19**

**M.Code : 90870**

**Date of Examination : 19-12-22**

**Time : 3 Hrs.**

**Max. Marks : 60**

### INSTRUCTIONS TO CANDIDATES :

1. **SECTION-A is COMPULSORY consisting of TEN questions carrying TWO marks each.**
2. **SECTION-B contains FIVE questions carrying FIVE marks each and students have to attempt any FOUR questions.**
3. **SECTION-C contains THREE questions carrying TEN marks each and students have to attempt any TWO questions.**

## SECTION-A

**1. Write briefly :**

- a. What is personal hygiene?
- b. How can safety be maintained at workplace?
- c. What do you mean by client?
- d. How should a guest be treated by the aromatherapy massage canterers?
- e. What types of first aid should be provided to the clients if he/she gets oil burns?
- f. What is a spa?
- g. How does the aromatic oil help in relaxation of mind?
- h. What are different types of oils used in massages?
- i. What is a massage?
- j. What do you mean by preparation of the client?

## SECTION-B

2. Write a note on the good manners of employees.
3. Write a note on Foot Reflexology.
4. What are the various do's and don'ts for massage centre employees?
5. Write a detailed note on Aroma Therapy.
6. “*Deep tissue massages are used to break up scar tissue and break down muscle adhesions.*” Explain the importance of deep tissue massage in light of the give statement.

## SECTION-C

7. What is personal Hygiene? How can hygiene be maintained? How can the workplace be safely maintained?
8. What types of oils are used in aromatherapy? What are the principles of aromatherapy?
9. What is deep tissue massage and what are its benefits? What precautions should be taken while doing this massage?

**NOTE : Disclosure of Identity by writing Mobile No. or Making of passing request on any page of Answer Sheet will lead to UMC against the Student.**