

Roll No.

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Total No. of Pages : 02

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B.Voc. (Tourism and Hospitality Management) (Sem.-3)

HEALTH, HYGIENE AND MEDICAL PROTOCOLS

Subject Code : BVTHM 303-19

M.Code : 78442

Date of Examination : 14-12-22

Time : 3 Hrs.

Max. Marks : 60

INSTRUCTIONS TO CANDIDATES :

1. **SECTION-A is COMPULSORY** consisting of **TEN** questions carrying **TWO** marks each.
2. **SECTION-B** contains **FIVE** questions carrying **FIVE** marks each and students have to attempt any **FOUR** questions.
3. **SECTION-C** contains **THREE** questions carrying **TEN** marks each and students have to attempt any **TWO** questions.

SECTION-A

1. Write briefly :

- What is meant by CDC?
- What are phytochemicals?
- What is balance diet?
- What are contagious diseases?
- What is meant by CPR?
- What are the contents of a first aid kit?
- What is sanitization?
- What are antioxidants?
- What is food poisoning?
- Pen down the hand washing techniques.

SECTION-B

2. Discuss the concept of sanitization.
3. Discuss the role of global health council in public health.
4. Pen down the various life support skills for patient safety.
5. Pen down the history of hygiene practices.
6. What are essential fatty acids? Discuss its uses.

SECTION-C

7. Define Hygiene. Pen down the determinants of health, mental health and selfcare strategies.
8. What are various contagious and non-contagious diseases? Discuss the symptoms, precaution measures at home including kitchens, workplace, public places etc.
9. Discuss the WHO and ICMR guidelines for the prevention of infectious control, infection prevention and control measure during air borne, water borne and food borne illness.

NOTE : Disclosure of Identity by writing Mobile No. or Making of passing request on any page of Answer Sheet will lead to UMC against the Student.