

**Roll No.**

**Total No. of Pages : 02**

**Total No. of Questions : 09**

### **B.Voc. (Beauty Therapy and Aesthetics) (Sem.-3)**

# SPA

**Subject Code : BASC309-19**

**M.Code : 78426**

**Date of Examination : 21-12-22**

**Time : 3 Hrs.**

**Max. Marks : 60**

### INSTRUCTIONS TO CANDIDATES :

1. **SECTION-A is COMPULSORY consisting of TEN questions carrying TWO marks each.**
2. **SECTION-B contains FIVE questions carrying FIVE marks each and students have to attempt any FOUR questions.**
3. **SECTION-C contains THREE questions carrying TEN marks each and students have to attempt any TWO questions.**

## SECTION-A

1. **Write briefly :**
  - a) Deep tissue massage
  - b) Fabric Wraps
  - c) Swedish Massage
  - d) Best Behavior
  - e) Health concerns in Spa
  - f) Contradictions during massage
  - g) Lomi Lomi technique
  - h) Define Massage
  - i) Skin types
  - j) Positive impressions

## SECTION-B

2. Explain the need and importance of different kinds of massage techniques.
3. What are the various benefits of using body wraps?
4. Give the health benefits of massage in detail.
5. Why is it important to select the product according to the skin type of the customer?
6. *“It is important for a worker of spa to create a positive impression at work”*. Comment.

## SECTION-C

7. What is lymphatic drainage system? Explain in detail.
8. What do you understand by the term spa give a brief history of spa?
9. Why is lymphatic drainage system important for a client?

**NOTE : Disclosure of Identity by writing Mobile No. or Making of passing request on any page of Answer Sheet will lead to UMC against the Student.**