

**Roll No.**

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**Total No. of Pages : 02**

**Total No. of Questions : 09**

**B.Sc. (Nutrition and Dietics) (Sem.-4)**  
**MATERNAL AND CHILD NUTRITION**

**Subject Code : BSND-222-18**

**M.Code : 79522**

**Date of Examination : 15-12-22**

**Time : 3 Hrs.**

**Max. Marks : 60**

### INSTRUCTIONS TO CANDIDATES :

1. **SECTION-A is COMPULSORY consisting of TEN questions carrying TWO marks each.**
2. **SECTION-B contains FIVE questions carrying FIVE marks each and students have to attempt any FOUR questions.**
3. **SECTION-C contains THREE questions carrying TEN marks each and students have to attempt any TWO questions.**

## SECTION-A

1. Write briefly :
  - a) RDA
  - b) Any TWO complications during pregnancy
  - c) Regulation of marketing breast milk substitutes
  - d) Galactagogues
  - e) Colostrum
  - f) Premature
  - g) Formulae foods
  - h) Breast milk substitutes
  - i) Height gain as an indicator of growth and development in an infant
  - j) Supplementary foods

### **SECTION-B**

2. Throw light on the importance of infant nutrition.
3. Discuss the nutritional requirements of a pregnant lady.
4. Explain the physiology of lactation.
5. Discuss the advantages of breastfeeding.
6. Write a note on weaning and weaning foods.

### **SECTION-C**

7. A woman's body undergoes physiological changes during the period of lactation. Discuss the changes and the nutritional requirements of a lactating mother.
8. Critically analyse the advantages and disadvantages of artificial feeding.
9. Discuss in detail, the national guidelines on infant and young child feeding practices.

**NOTE : Disclosure of Identity by writing Mobile No. or Making of passing request on any page of Answer Sheet will lead to UMC against the Student.**